



Still as a Statue

Ask your child to pretend to be a statue and freeze in a pose, like standing on one foot. Try to have them hold this pose as long as possible while you do everything you can to make them laugh and move. Then you can take a turn as the statue and see if they can make you laugh and move!

Ages 3-4



Brainy Background

powered by Mind in the Making

This game is all about focus and self-control. Your child is concentrating to stay in the statue pose, and learning to tune out distractions so they can achieve a goal. This kind of playful learning helps them develop skills for life.

For more activities like these, check out the free Daily Vroom app!

#198



Recap the Day

Turn bedtime into a reflection of your child's day. Ask them if they got dressed or ate breakfast first. Tell what you remember too. If you want to be playful, switch the order: "You went outside and then you got dressed." Have them correct you.

Ages 3-4



Brainy Background

powered by Mind in the Making

Helping your child describe parts of their day helps them build their communication skills.

For more activities like these, check out the free Daily Vroom app!

#303



Bath Count

When your child is in the tub, think of all the things you can count together. For example, the number of splashes they make or the number of times you pour water on them. Take turns counting and talk about what you are doing.

Ages 3-4



Brainy Background

powered by Mind in the Making

Counting small numbers of things helps your child understand that numbers go in a sequence, from little numbers to big ones.

For more activities like these, check out the free Daily Vroom app!

#350



Unpack Your Bags

After shopping, invite your child to help take items out of the bags. Give them some small, safe items to put away, giving hints for where things go, like, “Are there other cans in the cupboard that look like this one?” or “An apple is a fruit. Where do we keep the other fruit?”

Ages 3-4



Brainy Background

powered by Mind in the Making

Putting things into categories and being able to see similarities and differences helps your child build the skill of making connections, which is at the heart of learning. You're also building their memory in fun ways while encouraging them to help out!

For more activities like these, check out the free Daily Vroom app!

#415



I Pick, You Pick

When you're getting your child dressed in the morning, pick out their pants and then ask them to find a shirt that matches the color of those pants.

Ages 3-4



Brainy Background

powered by Mind in the Making

This game helps your child make connections and group like things. They might have a good reason for why things go together. So listen to their ideas. If their idea won't work, explain why.

For more activities like these, check out the free Daily Vroom app!

#458



Clean Clothes

When you're putting away laundry, have your child find the places in the drawers or shelves where the clean clothes go. If they guess something different from where you would put it, talk about your reasons for putting it somewhere else.

Ages 3-4



Brainy Background

powered by Mind in the Making

Grouping objects into categories (figuring out what's the same and what's different) is an important exercise that sparks connections in their growing brain. Having a back and forth conversation makes the learning so much richer.

For more activities like these, check out the free Daily Vroom app!

#492



Mini Chef

When you're cooking, have your child help with simple tasks like adding an ingredient. Ask them what they think will happen when you add the ingredient (like pouring a cup of milk into flour) and then talk together about what actually happens.

Ages 3-4



Brainy Background

powered by Mind in the Making

This is a real-life science experiment. Guessing about what might happen promotes your child's curiosity, which is critical to learning.

For more activities like these, check out the free Daily Vroom app!

#527



Light Show

Turn playtime into a lightshow with your child. Lift them so they can reach a light switch or stand on a steady chair (stay close to keep them safe). Say "on" or "off" and see if they can flip the switch to match your words. Then let them take a turn calling out directions to you

Ages 3-4



Brainy Background

powered by Mind in the Making

This game teaches your child how one action causes another (cause and effect). When one of you flips the switch, talk about how the lights turn off and on. It's also the chance for them to hear new words like "flip" and "electricity."

For more activities like these, check out the free Daily Vroom app!

#781



Dance Moves

Playtime can become a dance party. Turn on some tunes on your phone or radio and start doing a silly dance: shake a leg, wiggle your hips. Can your child copy your moves? Next song, it's their turn to lead. Go back and forth until you're danced out!

Ages 3-4



Brainy Background

powered by Mind in the Making

Believe it or not, dancing games can be great brain builders! This one in particular teaches your child to pay attention to sounds and rhythm and to imitate you using their body. It also gives them the chance to be the leader and that's a good feeling.

For more activities like these, check out the free Daily Vroom app!

#784