

vroom
Brain building moments

Lot or Little

When you're out with your child, point out things like trees, flowers, and stones. Ask your child, "How many do you see? A lot or a little?" When she understands the rules of the game, get her to take the lead and continue going back and forth.

The first **5** years are when children's brains grow fastest. With simple activities like this one, you can make every moment with your baby a brain **Building** one.

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