



## Bathtime Weather

Use your child's time in the tub to talk about the weather. Sprinkle water on their arms and talk about rain. Let them take a turn sprinkling rain on your arms. When you're draining the tub, show them how the water looks like a tornado. Take turns opening and closing the drain to let the water swirl around.

Ages 2-3



## Brainy Background

powered by Mind in the Making

Having conversations helps to build children's brains—they're learning new words, and learning about cause and effect when they see the water go down the drain.

For more activities like these, check out the free Daily Vroom app! #348



## Splish, Splash, Pour

Grab two cups before bathtime. Give your child a cup and pour water into theirs. Then ask them to pour the water back into yours. Count the number of times out loud and see how many times you can go back and forth!

Ages 2-3



## Brainy Background

powered by Mind in the Making

Supporting children as they explore and discover will help them become learners for life. Counting out loud also helps them build a stronger sense of numbers.

For more activities like these, check out the free Daily Vroom app! #351



## Pocket Cleaners

Let your child help you empty your pockets at night. Take out the items that are safe to share with them one at a time. As you do, tell them about your day and where the item came from. For example, "This card is how I get on the bus to go to work."

Ages 2-3



## Brainy Background

powered by Mind in the Making

Children love to hear about adults' days—especially the good things that happen. By sharing stories, you're helping them learn about your world and building their vocabulary too!

For more activities like these, check out the free Daily Vroom app! #456



## Laundry Sense

Give your child a chance to explore textures when you're putting away laundry. Before you fold, pass pieces to them first and ask how each feels. Is it soft, rough, thin, heavy? What else feels that way?

Ages 2-3



## Brainy Background powered by Mind in the Making

This game helps your child “think like a detective” because they’re using their senses, including touch, to understand the world around them.

For more activities like these, check out the free Daily Vroom app!

#491



## Clothes Confusion

As you fold or organize clothes after doing the laundry, call the objects the wrong name or color. Call a pair of pants a “dress,” or a red shirt “purple.” See if your child can catch your mistake! Can they tell you the real answer? Then let them have a turn.

Ages 2-3



## Brainy Background powered by Mind in the Making

Your child must use focus to play this game, memory to remember the rules, and think flexibly as the game changes. When they take the lead, they must use self-control to stop copying you and give the real answer—all important learning skills.

For more activities like these, check out the free Daily Vroom app!

#508



## Glass Half Full

When your child drinks out of a glass, have a back and forth conversation about how full the glass is. Is it a little full? Half full?

Ages 2-3



## Brainy Background powered by Mind in the Making

When you have a back and forth conversation about how full the glass is, you're helping your child gain basic ideas about math. It can also help them learn new words!

For more activities like these, check out the free Daily Vroom app!

#525



## Cooking Lessons

No matter what you're cooking, your child can be a helper. Give them a play-by-play of the ingredients you're using and if it's safe, let them touch, smell, or taste them. Have a conversation about what you're making: "Red pepper makes the beans spicy."

Ages 2-3



## Brainy Background powered by Mind in the Making

Talking about everyday activities as you do them helps build children's communication skills—and their brains! Be sure to point to objects as you say their name to help them learn new words.

For more activities like these, check out the free Daily Vroom app!

#534



## Cup Tower

You don't need much to build fun things around the house. Grab a few plastic cups and stack them into a tower and then show your child how fun it is to knock them all down. Hand the cups over and let them have a go. Take turns building all kinds of new towers!

Ages 2-3



## Brainy Background powered by Mind in the Making

Supporting children as they explore and discover will help them become learners for life. This game also helps them discover how the physical world around them works. Have a back and forth conversation about their discoveries!

For more activities like these, check out the free Daily Vroom app!

#779



## Tune Time

Turn playtime into music time. What is one of your child's favorite songs? Sing a line for them and then pause. Can they sing the next few words? Take turns back and forth, and clap to the beat. You're making beautiful music together!

Ages 2-3



## Brainy Background powered by Mind in the Making

Music time becomes learning time. By helping your child pay attention to the words of songs and the beat, you're helping them learn to listen carefully. Remembering the words and tunes of songs also strengthens their memory.

For more activities like these, check out the free Daily Vroom app!

#782